

Paediatric Feeding Services in SESLHD Service Directory

This service directory provides information specifically related to paediatric feeding services. Many of the services below are not paediatric feeding specific services and provide service across the scope of care.

| INPATIENT FEEDING SERVICES – all referrals via eMR | | | | |
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| Site | Name of service | Service Description | Referral criteria for Feeding Service | Paediatric Feeding Services provided |
| St George Hospital <i>ED, SCN, Postnatal ward and paediatrics ward</i> | Dietetic inpatient service | Inpatient dietetic services for babies and children with nutrient deficiency. | <ul style="list-style-type: none"> Growth concerns Tube feeding Genetic conditions requiring nutritional support | <ul style="list-style-type: none"> Assess nutrition Provide dietary advice and education Review / ongoing management Tube weaning |
| | Acute Lactation Consultant service | Acute lactation services assess and review babies and children with feeding concerns. | <ul style="list-style-type: none"> Babies under two weeks old All inpatients | <ul style="list-style-type: none"> Support women, babies and young children with breastfeeding challenges Support women and babies to learn about and establish breastfeeding Provide breastfeeding education to women and families |
| | Speech Pathology inpatient service | Inpatient services for babies and children with feeding difficulties admitted to SGH. | <ul style="list-style-type: none"> Infants and children with complex paediatric feeding disorders related to oral motor, sensory or swallowing function with significant impact on feeding safety, enjoyment, efficiency, development, or growth | <ul style="list-style-type: none"> Assess and review feeding skills Develop feeding management plans Refer to other services as required Provide family education and training Conduct VFSS investigations Attend family conference Attend MDT case conference |
| Sutherland Hospital <i>ED, SCN, Postnatal ward, Child & Adolescent Ward</i> | Dietetic inpatient service | Inpatient dietetic services for babies and children. | <ul style="list-style-type: none"> Growth concerns Tube feeding Inappropriate feeding practices for age | <ul style="list-style-type: none"> Assess nutrition Provide dietary advice and education Review / ongoing management Tube weaning |
| | Acute lactation Consultant service | Acute lactation services to assess and review babies and children with feeding concerns. | <ul style="list-style-type: none"> Babies under two weeks old All inpatients | <ul style="list-style-type: none"> Support women, babies and young children with breastfeeding challenges Support women and babies to learn about and establish breastfeeding Provide breastfeeding education to women and families |
| | Speech Pathology inpatient service | Inpatient services for children with feeding difficulties. Limited service, supported by SGH Speech Pathology team. | <ul style="list-style-type: none"> Neonates with complex paediatric feeding disorders related to oral motor, sensory or swallowing function that have a significant impact on feeding safety, enjoyment, efficiency, development, or growth | <ul style="list-style-type: none"> Assess and review feeding skills Develop feeding management plans Refer to other services as required Provide family education and training Refer to SGH for VFSS investigations |
| The Royal Women's Hospital <i>NICU, HDU, SCN, Postnatal ward</i> | Dietetic inpatient service | Inpatient dietetic services for babies and children. | <ul style="list-style-type: none"> All babies weighing under 1500g Growth concerns Tube feeding Genetic conditions requiring nutritional support Post GI surgery | <ul style="list-style-type: none"> Assess nutrition Provide dietary advice and education Review / ongoing management Tube weaning |
| | Acute Lactation Consultant service | Acute lactation services to assess and review babies and children with feeding concerns. | <ul style="list-style-type: none"> Babies under two weeks old All inpatients | <ul style="list-style-type: none"> Support women, babies and young children with breastfeeding challenges Support women and babies to learn about and establish breastfeeding Provide breastfeeding education to women and families |
| | Speech Pathology inpatient service | Inpatient services for babies with feeding difficulties. | <ul style="list-style-type: none"> All babies admitted to the NICU Medically complex infants including prematurity, congenital syndromes, airway abnormality or compromise, TOF, VCP, cleft | <ul style="list-style-type: none"> Assess and review feeding skills Develop pre-oral feeding skills Support transition to oral feeding Review / ongoing management, Refer to other services as required Developmental care ward round and therapeutic input Tube weaning |

| OUTPATIENT FEEDING SERVICES | | | | | |
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| Site | Name of service | Description | Referral criteria for Feeding Service | Paediatric Feeding Services provided | Referral Process |
| St George Hospital <i>(N.B tube replacement conducted on paediatric ward)</i> | Antenatal Lactation service 1x education session per week | Education for pregnant women and their families. | <ul style="list-style-type: none"> Pregnant women Resident of St George LGA | <ul style="list-style-type: none"> Provide general education on infant feeding, breastfeeding and breast health including: <ul style="list-style-type: none"> supporting optimal feeding environments supporting children with high likelihood of feeding difficulties, eg cleft, multiples | eMR Phone: 91132053 |
| | Outpatient Lactation Consultant services 10x bookings/week | Outpatient lactation services to assess and review babies and children with feeding concerns. | <ul style="list-style-type: none"> All babies born at St George Hospital Self-referrals accepted | <ul style="list-style-type: none"> Support women, babies and young children with breastfeeding challenges Support women and babies to learn about and establish breastfeeding Provide breastfeeding education to women and families | eMR Phone: 91132053 |
| | Dietetic acute review clinic 90 minutes per week | Acute review clinic for babies recently discharged from SCN. | <ul style="list-style-type: none"> Recent discharge from SCN Resident of St George or Sutherland LGA | <ul style="list-style-type: none"> Assess nutrition Provide dietary advice and education Wean off calories | SESLHD-SGH-Dietitian-Referrals@health.nsw.gov.au |
| | Dietetic outpatient services | Outpatient dietetic services for babies and children. | <ul style="list-style-type: none"> Failure to thrive (i.e. a decline in 2 or more centile lines OR weight for length/BMI less than the 5th centile) Tube feeding Fussy eating with confirmed nutrient deficiency. (NB: a copy of biochemistry must be included) Diagnosed food allergy Persistent constipation (i.e. not improved with aperients and simple diet education) Resident of St George LGA | <ul style="list-style-type: none"> Assess nutrition Provide dietary advice and education Review / ongoing management | SGH-SESLHD-SGH-Dietitian-Referrals@health.nsw.gov.au Phone: 91132752 |
| | Speech Pathology outpatient feeding service 2 slots per week (depending on staffing levels and inpatient demands) | Outpatient Speech Pathology service for infants and children with complex paediatric feeding disorders related to oral motor, sensory or swallowing function that have a significant impact on feeding safety, enjoyment, efficiency, development, or growth. | <ul style="list-style-type: none"> Resident of SESLHD Recent oropharyngeal dysphagia diagnosis Recent illnesses or hospital admissions related to suspected or confirmed dysphagia Red flags for dysphagia, aspiration or aspiration risk Oral motor, sensory or swallowing issue that places them at risk of aspiration, choking, inadequate intake, feeding refusal, significant growth faltering or inadequate feeding experience within critical developmental windows. Feeding issue of a complex nature in the context of medical comorbidities where | <ul style="list-style-type: none"> Provide consultative service Assess and review feeding Provide family education and training Provide case management Complete formal reports Attend MDT case conference <p>Note: Ongoing / intensive therapy is not available through this service at present</p> | Referrals accepted from a Paediatrician, Specialist, Attending Medical Officer, GP Email: SESLHD-StGeorge-SpeechPathologyFeedingService@health.nsw.gov.au |

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| | | | <p>there is a high prevalence of significant dysphagia /feeding difficulties and the child is not linked into other services for feeding</p> <ul style="list-style-type: none"> • Second opinion for significant feeding issues that are persisting despite interventions by primary health care services • Regression in feeding skills | | |
| <p>Speech Pathology Video Fluoroscopic Swallow Study (VFSS) clinic</p> <p>1 booking per fortnight with capacity to add an additional study for an urgent case</p> | <p>A Video Fluoroscopic Swallow Study (VFSS) is a recorded x-ray of real time swallowing for objective assessment and diagnosis of structural and dynamic aspects of the oral and pharyngeal phases of swallowing.</p> | <ul style="list-style-type: none"> • Resident of SESLHD with suspected or confirmed dysphagia and VFSS is needed to: <ul style="list-style-type: none"> - investigate the anatomy and physiology of the oral cavity or pharynx during swallowing - identify motility disorders through the oral cavity or pharynx that control the bolus and cause aspiration or inefficient swallowing - define treatment strategies that will eliminate aspiration and increase swallowing efficiency. - provide objective assessment of diagnostic conditions associated with an increased risk of dysphagia - complement diagnostic work up for a child with a medical presentation suggestive of dysphagia as underlying aetiology e.g. pneumonia | <ul style="list-style-type: none"> • Conduct objective assessment and management planning • Provide formal reports • Attend MDT case conference • Provide family education and training • Support local speech pathologists to create management plans | <p>Referrals accepted from a paediatrician only.</p> <p>Written referrals, referrals on “Medical Imaging – Radiology Request Form” (St George and Sutherland Hospitals) and referrals via eMR</p> | |
| <p>Little Dragons clinic</p> <p><i>Not paediatric feeding specific service</i></p> | <p>Undifferentiated acute clinic for children with a medical issue requiring paediatrician services.</p> <p>Team consists of Medical staff; AH act as a consultative service as required.</p> | <ul style="list-style-type: none"> • Under 16 • Resident of St George LGA | <ul style="list-style-type: none"> • Provide medical management of: <ul style="list-style-type: none"> - weight loss - poor feeding - reflux - vomiting - maternal substance issues - nutritional assessments - tube feeding pathways | <p>SESLHD-STGPAEDIATRICAL@health.nsw.gov.au</p> <p>ConsultMed</p> <p>Online referral form</p> | |
| <p>Multidisciplinary feeding clinic</p> <p>Every Monday</p> | <p>Tertiary referral service for children with complex feeding difficulties eg: cardiac conditions, genetic syndromes, prematurity, structural abnormalities (cleft palate, laryngomalacia).</p> | <ul style="list-style-type: none"> • Complex feeding issues requiring Speech Pathology and Dietetics • Resident of SESLHD | <ul style="list-style-type: none"> • Provide consultation and in-clinic assessment of feeding and nutrition • Support enteral feeding and stoma therapy • Tube weaning • Refer for specialist medical investigations (e.g. VFSS, endoscopy, allergy testing), as required • Refer to and liaise with other community services (e.g. psychological | <p>Referrals accepted from a paediatrician only.</p> <p>Email (preferred) SESLHD-STGFeedingClinic@health.nsw.gov.au</p> | |

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| | | It also provides continuum of care for discharged inpatients. | | <p>medicine, community nursing) as required</p> <ul style="list-style-type: none"> • Provide ongoing management / review • Refer back to local services as necessary | <p>nsw.gov.au OR Fax: 91132847 And christopher.elliott@health.nsw.gov.au</p> |
| <p>Sutherland Hospital</p> <p><i>(N.B tube replacement conducted on paediatric ward)</i></p> | <p>Lactation service – antenatal</p> | Education for pregnant women and their families. | <ul style="list-style-type: none"> • Pregnant women • Resident of Sutherland LGA | <ul style="list-style-type: none"> • Provide general education on infant feeding, breastfeeding and breast health including: <ul style="list-style-type: none"> - supporting optimal feeding environments - supporting children with high likelihood of feeding difficulties, e.g. cleft, multiples | eMR |
| | <p>Outpatient Lactation Consultant services</p> | Outpatient lactation services to assess and review babies and children with feeding concerns. | <ul style="list-style-type: none"> • All babies born at Sutherland Hospital • Self-referrals accepted | <ul style="list-style-type: none"> • Support women, babies and young children with breastfeeding challenges • Support women and babies to learn about and establish breastfeeding • Provide breastfeeding education to families | eMR Phone: 91132053 |
| | <p>Dietetic outpatient services</p> | Outpatient dietetic services for babies and children. | <ul style="list-style-type: none"> • Resident of Sutherland LGA • Diagnosed food allergy • Enteral nutrition • Failure to thrive (AA) • Fussy eating with diagnosed nutrient deficiency (note: fussy eating referrals without co morbidity will not be accepted) • Inappropriate feeding practices for age • Diet related constipation • Other (as deemed appropriate by paediatrician) | <ul style="list-style-type: none"> • Assess nutrition • Provide dietary advice and education • Review / ongoing management • Handover to NDIS dietitian as required | <p>Complete Nutrition & Dietetics Paediatric Referral form and send to:</p> <p>SESLLHD-TSH-Dietitians@health.nsw.gov.au</p> <p>Phone: 95408300</p> |
| | <p>Children's Acute Review Service (CARS)</p> <p>Mon, Thurs, Fri 11-15:00</p> <p><i>Not paediatric feeding specific service.</i></p> | Undifferentiated acute clinic for children with a medical issue requiring paediatric services. Team consists of Nurses and Medical staff, AH act as a consultative service as required. | <ul style="list-style-type: none"> • Under 16 • Resident of Sutherland LGA | <ul style="list-style-type: none"> • Provide services to prevent hospital admission • Identify feeding difficulties and refer to appropriate services | <p>Referrals are made by phone discussion to the clinical nurse consultant or the paediatric registrar/consultant</p> <p>CARS.TSH@sesiahs.health.nsw.gov.au Phone: 95407229</p> |

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| The Royal Women's Hospital <i>(N.B tube replacement conducted at Sydney Children's Hospital)</i> | Lactation service - antenatal | Education for pregnant women and their families. | <ul style="list-style-type: none"> • Pregnant women | Provide general education on infant feeding, breastfeeding and breast health including: <ul style="list-style-type: none"> - supporting optimal feeding environments - supporting children with high likelihood of feeding difficulties, e.g. cleft, multiples | Phone: 93826341 |
| | Breastfeeding support unit Mon-Fri, afternoons | Provision of outpatient lactation services to assess and review babies and children with feeding concerns. | <ul style="list-style-type: none"> • All babies born at The Royal Women's Hospital | <ul style="list-style-type: none"> • Support women, babies and young children with breastfeeding challenges • Support women and babies to learn about and establish breastfeeding • Provide breastfeeding education to women and families | Phone: 93826341 |
| | Growth and development service 2 days/week <i>Not paediatric feeding specific service</i> | Outpatient follow up clinic for babies born under 24 weeks. Team includes developmental paediatrician, psychologist and physiotherapist. | <ul style="list-style-type: none"> • Babies born under 24 weeks | <ul style="list-style-type: none"> • Conduct developmental checks and refer to other services if feeding concerns noted | Phone: 93826190 |

| COMMUNITY | | | | |
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| Name of service | Description | Referral criteria for Feeding Service | Paediatric Feeding Services provided | Referral Process |
| Building Stronger Foundations (BSF)/Narrangy-Booris <i>Not paediatric feeding specific service</i> | <p>Multidisciplinary support for Aboriginal families in a culturally safe and supportive environment.</p> <p>Team includes Aboriginal Health workers, child and family health nurses, social worker, speech pathology, occupational therapy.</p> | <ul style="list-style-type: none"> • 0- 5 years • Child identifies as Aboriginal and/ or Torres Strait Islander • Resident of St George or Sutherland LGAs | <ul style="list-style-type: none"> • Provide breastfeeding support • Establish normal feeding / mealtime routines • Support introduction of solids • Manage mealtime behaviours • Support parent- child feeding interactions • Provide education on infant nutrition | <p>SESLHD-CentralAboriginalHealthMenai@health.nsw.gov.au</p> <p>Phone: 95431111</p> <p>Mobile: 0447254 588</p> |
| Child and Family Health Nursing clinics <i>Not paediatric feeding specific service</i> | <p>CFHN provide health and development checks, parenting supporting and advice (including groups) and make outgoing referrals as required.</p> <p>Nurses may have additional qualifications including International Board Certified Lactation Consultant (IBCLC)</p> | <ul style="list-style-type: none"> • 0 -5 years • Resident of SESLHD • Babies and children both typically developing and children with a range of diagnoses | <ul style="list-style-type: none"> • Provide ongoing feeding care including: <ul style="list-style-type: none"> - breastfeeding support - establishing normal feeding / mealtime routines - introducing solids - manage mealtime behaviours - support parent- child feeding interactions - provide education on infant nutrition | <p>eMR.</p> <p>Phone: 1300244288</p> <p>More information available on web site</p> |

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| <p>Developmental Disability Assessment Team (DDAT)</p> <p><i>Not paediatric feeding specific service</i></p> | <p>Multidisciplinary diagnostic developmental assessment service for children with concerns regarding ASD, GDD, and ID.</p> <p>Team includes paediatrician, psychology, social work, speech pathology, dietetics, admin.</p> | <ul style="list-style-type: none"> • 0 to school entry • Concerns with development • Resident of St George and Sutherland LGAs | <ul style="list-style-type: none"> • Assess and treat: <ul style="list-style-type: none"> - complex feeding concerns - growth concerns - dysphagia - limited textures accepted - restrictive diet <p>NB: Complex feeding clinic available as required– speech pathology, dietetics, and medical</p> | <p>SESLHD-DevelopmentalDisabilityHealthServiceIntake@health.nsw.gov.au</p> <p>Phone: 85661222</p> |
| <p>Eating Disorder Clinical Support Team</p> <p><i>Not paediatric feeding specific service</i></p> | <p>Multidisciplinary clinical support for clinicians working with individuals and their families who have a suspected or confirmed eating disorder.</p> <p>Team includes clinical nurse consultant, dietetics, psychology specialising in eating disorder assessment, diagnosis, treatment, and referral options.</p> | <ul style="list-style-type: none"> • Resident of SESLHD • Across the lifespan <p>This is primarily a consultation service available to clinicians.</p> | <ul style="list-style-type: none"> • Provide consultation and education to clinicians including: <ul style="list-style-type: none"> - specific case support - early intervention recommendations - referral pathways • Develop and share resources to support healthy relationships with food and body image • Provide information on referral pathways for children and/or carers | <p>SESLHD-EDCST@health.nsw.gov.au</p> <p>Phone: 0499 868 772</p> |
| <p>Karitane¹</p> <p><i>Not paediatric feeding specific service</i></p> | <p>Education and parental support through residential and virtual service (day stay service at Wolli Creek and Randwick)</p> <p>Team consists of nurses, paediatricians, GPs, social workers, psychologists and psychiatrists.</p> | <ul style="list-style-type: none"> • Medicare eligible • Age 0-5 | <ul style="list-style-type: none"> • Day stay service at Wolli Creek and Randwick • Provide virtual breastfeeding clinic for families experiencing breastfeeding difficulties (including milk supply, feeding routines, positioning and attachment techniques, feeding cues, mastitis and weaning) • Provide online parenting webinars (pre-recorded and live) to support artificial feeding, starting solids, fussy feeding | <p>Careline available for parents: 1300 227464</p> <p>Webinars accessed through website</p> <p>Appointments can booked online</p> |
| <p>Mainstream Paediatric Occupational Therapy</p> <p><i>Not paediatric feeding specific service</i></p> | <p>Paediatric OT aims to restore, enhance or adapt a child's abilities and functioning in everyday life activities including development, self-care skills, play, movement, hand skills and sensory issues.</p> | <ul style="list-style-type: none"> • Age limitations apply (service capacity dependent) • Resident of St George and Sutherland LGAs | <ul style="list-style-type: none"> • Assess, manage and treat: <ul style="list-style-type: none"> - sensory processing and self-regulation - restricted diet - self-feeding skills - seating and positioning for feeding - feeding environment and routines - developmental delays or concerns | <p>eMR</p> <p>STG - SESLHD-STGcommunityintake@health.nsw.gov.au</p> <p>TSH - SESLHD-TSHcommunityintake@health.nsw.gov.au</p> <p>Phone: STG - 91132495 TSH - 95221017</p> |
| <p>Paediatric complex care team (PCC)</p> <p><i>Not paediatric feeding specific service</i></p> | <p>Multidisciplinary community-based service for children with complex physical, medical or developmental needs.</p> <p>Team includes speech pathology, occupational therapy, physiotherapy and social work.</p> | <ul style="list-style-type: none"> • 0- 18 years • Home visiting is necessary (as deemed by clinician) • Children with complex needs requiring three or more allied health services • Resident of St George and Sutherland LGAs • No active engagement with the NDIS | <ul style="list-style-type: none"> • Assess and treat across the scope of paediatric feeding development and disorders including: <ul style="list-style-type: none"> - oral feeds - enteral feeds - feeding transitional phases (e.g. introduction to solids - feeding environment, routines, seating and positioning | <p>eMR</p> <p>seslhd-paediatriccomplexcare@health.nsw.gov.au</p> <p>Phone: 91131854</p> |

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| <p>Sustaining NSW Families (SNF)</p> <p><i>Not paediatric feeding specific service</i></p> | <p>Home visiting service aiming to strengthen relationships between children, parents and/or carers by building parenting capacity and enhancing child development, wellbeing, and health.</p> <p>Team includes CFHN, speech pathology, occupational therapy, physiotherapy, dietetics, social work and psychiatry (NB: AH act as a consultative service).</p> | <ul style="list-style-type: none"> 0- 2 years with a parent/ carer experiencing mild-moderate anxiety or depression and level 2 vulnerabilities Resident of St George and Sutherland LGAs <p>Exclusion:</p> <ul style="list-style-type: none"> No active domestic violence or drug and/ or alcohol use, acute mental health, or current child protection concerns. | <ul style="list-style-type: none"> Support breastfeeding Establish normal feeding / mealtime routines Support introduction of solids Managing mealtime behaviours Support parent- child feeding interactions Provide education on infant nutrition <p>NB: allied health professionals support paediatric feeding development and disorders through CFHN consultation</p> | <p>Tertiary referral only through the maternal multi-disciplinary case meeting and the SNF clinical coordinator</p> <p>SESLHD-SustainingNSWFamilies@health.nsw.gov.au</p> |
| <p>The Family Care Cottage (Possum cottage)</p> <p><i>Not paediatric feeding specific service</i></p> | <p>Support for families with children experiencing more complex problems. Practical advice and support is provided during an extended consultation session/ day stay.</p> <p>CFHN and lactation services available.</p> | <ul style="list-style-type: none"> 0-12 months Resident of SESLHD | <ul style="list-style-type: none"> Provide infant feeding support related to: <ul style="list-style-type: none"> breastfeeding formula feeding | <p>Phone: 95407321 Fax: 95407063</p> <p>Online referral form</p> |
| <p>The Parenting Place</p> <p><i>Not paediatric feeding specific service</i></p> | <p>Early intervention parenting and counselling support, perinatal mental health therapy.</p> <p>Team includes social work, psychology, clinical psychology.</p> | <ul style="list-style-type: none"> 0 to school entry Resident of Sutherland LGA | <ul style="list-style-type: none"> Manage the psychological and behavioural aspects of feeding in the context of mental health, trauma, attachment, child behaviour and development Support fussy eating (through virtual group open to everyone) | <p>SESLHD-parentingplace@health.nsw.gov.au</p> <p>Phone: 95221017</p> |
| <p>Tresillian¹</p> <p><i>Not paediatric feeding specific service</i></p> <p>Not for profit</p> | <p>Parenting support and guidance through residential and virtual service</p> | <ul style="list-style-type: none"> Medicare eligible Age 0-5 | <ul style="list-style-type: none"> Provide support and guidance for: <ul style="list-style-type: none"> breast and bottle feeding nutrition introducing solids <p>NB: online resources (including videos) available</p> | <p>Parent Hotline 7am–11pm, 7 days: 1300 272 736</p> <p>Online referrals: Health Professional Self referral</p> |

¹ – NSW Health service, not specific to SESLHD